

Lamar Area Vo-Tech School

Fall 2008 - Night and Weekend Course Schedule

Emergency Medical Technician-B—Lorraine Potter

Course includes 120 hours of instruction, which prepares the student to take the National Registry Exam.

Dates: Tuesdays and Thursdays, August 26—December 11 (plus some Saturdays TBA)

Time: 6:00-10:00 p.m.

Cost: \$450 (includes cost of textbook)

Tri-Fit Testing—Ann Landrum and Tracy Keutzer

Ann and Tracy, certified fitness trainers, utilize a computerized diagnostic tool to help you determine a personal health and wellness plan including a meal plan, weight-loss plan, and personal workout routine.

Date: Wednesday, Sept. 3, 2008

Time: 5:30-7:00p.m.

Cost: FREE

Crafting with Duck Tape—Elaine Davis

Create a bag or purse from duct tape. Truly, your friends will not know how you did it! Makes a great Christmas gift!!! Bring 3 rolls of duct tape (2 of one color and 1 of a coordinating color), coordinating ribbon, grommets or eyelets (available at Michael's or Hobby Lobby), a cutting mat and rotary cutter (if you have one).

Date: Monday, September 8

Time: 6:00-8:00 p.m.

Cost: FREE

ACT Prep Course—Barbi Cope, Penni Lehman, Shann Mather, and Shelly Stewart

The course will concentrate on a specific area of the test each night—English, Science, Math, Reading/Test taking skills.

Students are encouraged to take the October test. *Limited to 25 students!*

Dates: Wednesday's, September 24 to October 15

Time: 5:30-6:30 p.m.

Cost: FREE

Dynamic Resumes and Interview Prep—Shelly Stewart

How long has it been since you updated your resume? Students in this course will be introduced to Missouri Connections where an online resume may be created and maintained. Students will also brush up on interview skills.

Date: Tuesday, September 16

Time: 6:00-8:00 p.m.

Cost: FREE

Basic Computer Maintenance—Dale Nims

Learn to install Windows updates, scan for viruses, identify e-mail viruses, prevent pop-ups and phishing, etc.

Date: September 16

Time: 6:00-7:00 p.m.

Cost: FREE

Intro to Crochet—Danelle Howard

Learn the basic stitches used in the art of crochet. Pattern reading will also be discussed.

Dates: Saturday, September 20

Time: 9:00 a.m. to Noon

Cost: \$10 for supplies

Machine Tool—Leland Smith

The student will be introduced to various machines—metal lathe, vertical milling machine, precision measuring tools, etc. *Limited to 10 students. Students must be at least 16 years old.*

Dates: Tuesdays, October 7—November 25

Time: 6:00-9:00p.m.

Cost: \$85

Welding—Marvin Seela

The student will be introduced to various types of welding. MIG, TIG, and Arc gas welding will be covered. *Limited to 14 students. Students must be at least 16 years old.*

Dates: Thursdays, October 9—November 27
Time: 6:00-9:00 p.m.
Cost: \$85

Microsoft Word 2007—Debbie Merrifield

Learn to utilize the latest Microsoft Word program. Focus will be on creating letters, reports, tables, etc.

Dates: Tuesdays and Thursdays, October 7-16
Time: 6:00-7:30 p.m.
Cost: \$25

Microsoft Power Point—Debbie Merrifield

Learn to create your own presentation including pictures, clip art, animation, and sound.

Dates: Mondays and Thursdays, October 27—November 6
Time: 6:00-7:30 p.m.
Cost: \$25

Auto Care 101—Rick Piper

Learn to perform basic maintenance on your own vehicle—change oil, fuses, flat tires, and much more. Great class for teens, single moms, grandmothers, scouts and 4-H members!

Dates: October 14 and 16
Time: 6:00-8:00 p.m.
Cost: FREE

Autism in My Community—Katie Day and Ruth Wydick

Autism has become more prevalent in our society. This one night seminar is designed to provide valuable information concerning behavior, interventions, and more.

Date: Monday, October 13
Time: 6:00-8:00 p.m.
Cost: FREE

Latin Aerobics—Ann Landrum and Tracy Keutzer

Get in shape and have fun at the same time! Similar to Zumba, this 6-week class incorporates a cardiovascular workout with Latin dance steps. This class will meet in the Lamar Middle School gymnasium.

Dates: Tuesdays and Thursdays, October 28—December 11
Time: 6:30-7:30 p.m.
Cost: \$30

Pottery—Kelly Tedrick

Learn the art of pottery—throwing, footing, glazing, firing, etc. The course will be student driven based on ability and interests. Class will meet in the high school art room and is *limited to 10 students. Students must be 15 years old or older to take this course.*

Dates: October 28, 30, and November 4 and 6, with 2 more classes TBA
Time: 6:00-8:00 p.m.
Cost: \$30 plus supplies

Hunter Education and Safety—Scott Brown, Gary Barnes, and Joe Pace

Prepare for Deer and Turkey Season! Certification good in all 50 states. Must be 11 years old or older and attend all three sessions to be certified.

Dates: October 7, 9, and 14
Time: 6:00-9:30 p.m.
Cost: FREE

Woodworking—Steven Shields

This basic furniture construction course will introduce the student to the use of basic woodworking tools and the construction of a project of the student's choice. Limited space available.

Dates: Tuesdays, October 7-28
Time: 6:00-10:00 p.m.
Cost: \$50 plus materials

Scherenschnitte—Kelly Tedrick

Learn the German art of paper cutting. Create a silhouette or choose from several other patterns to create a beautiful piece of art using only paper and scissors. Bring your own pair of small scissors. Makes a wonderful Christmas gift!!! *This class will meet in conjunction with the Quilling class in the LHS Art Room.*

Dates: October 7, 9, 14, and 16

Time: 6:00-8:00 p.m.

Cost: \$15

Build a Trailer in a Day—Scott Nolting

Work together as a class to build a metal trailer from bare axles to finished product. *Students must be 16 years of age or older with some welding experience.*

Date: Saturday, October 11

Time: 8:00 a.m. to 5:00 p.m.

Cost: FREE

Quilling—Kelly Tedrick

Thought to date back to the 15th century, quilling, or paper filigree, is the art of rolling narrow strips of paper and shaping them into rolls and scrolls. Students will create their own unique art with the help of an accomplished instructor. This class will meet in conjunction with the Scherenschnitte class in the LHS Art Room.

Dates: October 7, 9, 14 and 16

Time: 6:00-8:00 p.m.

Cost: \$15 plus supplies

Microwave Candymaking 101—Shelly Stewart

Prepare for Christmas with simple candy recipes. Students will help make some of the recipes in class and will have an opportunity to taste. All supplies will be provided.

Date: Thursday, November 6

Time: 6:00-8:00 p.m.

Cost: FREE

Computerized Farm Recordkeeping

Learn to generate cash flow reports, depreciation records, profit/loss statements, as well as other statements important for maintaining your farm records. *This is an on-going program with an open enrollment. Contact Joe Pace at Lamar Area Vo-Tech for more information (417-682-3384).*

Retained Ownership Cattle Feeding

Participants enter livestock; learn about individual livestock feed conversion, average daily gain, yield and quality grades as well as profitability selling in a grid market. *Ongoing program that meets periodically throughout the year. Contact Joe Pace at Lamar Area Vo-Tech School (417-682-3384).*

GED Course—Larry Larimore

Offered through the combined efforts of Lamar Area Vo-Tech and Franklin Technology Center, this course is FREE to the public. Enrollment is open and on-going. Classes meet Monday's and Wednesday's from 3:30 to 9:00 p.m. at Lamar Area Vo-Tech with an additional class at Mary K. Finley Library on Monday's from 10:30a.m. to 3:00 p.m. *Contact Shelly Stewart at Lamar Area Vo-Tech for more information.*

Enrollment Information

- ◆ **To Enroll**—Contact Shelly Stewart at Lamar Area Vo-Tech with your name and contact phone number—(417)682-3384, ext. 574 or stewarts@lamar.k12.mo.us
- ◆ **Payment**—Payment is expected the first night of class.
- ◆ **Class Cancellations**—A *minimum of 10 students is required to create a class, unless otherwise stated in the course description.* If a class does not make, all students enrolled in the class will be contacted.
- ◆ **Class Limits**—Because of space and/or liability issues, classes are sometimes limited to a certain number of students or to students of a certain age. Please see the course descriptions for this information.
- ◆ **Inclement Weather**—If the Lamar School District is dismissed for inclement weather, night classes will also be dismissed. Otherwise, the instructor will contact the students to cancel class should the weather require. Make up classes will be scheduled through the instructor
- ◆ **Location of Classes**—Unless otherwise noted in the course descriptions, all courses will be taught at the Lamar Area Vo-Tech School

located at 501 Maple.

This program is sponsored by the Lamar R-1 School Board of Education. The Lamar R-1 School District does not discriminate on the basis of sex, race, creed, color, national origin, or disability: in the recruitment, selection, treatment, and promotion of employees; in the admission and participation of students in the educational programs or activities; in vocational opportunities; in the treatment, counseling, and placement of students.

Wentworth Military Academy and Junior College—Lamar Site

16 Week Courses—August 25 through December 11

MA 111—College Algebra

3 credit hours, Tuesday, 6:00-9:00 p.m. at Sheldon High School

SCI 101—Physical Science (with lab) 5 credit hours, Tuesdays, 5:30-10:00 p.m., \$90 lab fee.

SCI 100—Biological Science (with lab) 4 credit hours, Monday, 5:30-10:00 p.m., \$90 lab fee.

8 Week Courses—August 25 through October 17

CS 101—Intro to Computers

3 credit hours, Tuesday, 5:30-10:00 p.m.

BUS 101—Intro to Business

3 credit hours, Tuesday, 5:30-10:00 p.m.

GEG 101—World Geography

3 credit hours, Tuesday, 5:30-10:00 p.m.

BS 201—Psych of Personal Adjustment

3 credit hours, Monday, 5:30-10:00 p.m.

8 Week Courses—October 20 through December 11

ENG 213—American Literature

3 credit hours, Thursday, 5:30-10:00 p.m.

ART 103—Theatre Studies

3 credit hours, Monday, 5:30-10:00 p.m.

BS 101—General Psychology

3 credit hours, Thursday, 5:30-10:00 p.m.

BS 105—Stress Management

1 credit hour, Saturday, 8:30 a.m.—5:00 p.m.

PS 101—American Government

3 credit hours, Tuesday, 5:30-10:00 p.m.

ENG 102—English Comp. 2

3 credit hours, Tuesday, 5:30-10:00 p.m.

BUS 203—Macro Economics

3 credit hours, Tuesday, 5:30-10:00 p.m.

TO ENROLL IN A WENTWORTH COURSE:

Contact Sam DeLaney at (417) 682-3384, ext. 572 (days) or (417) 667-5651.

- ◆ Financial Aid is available for those who qualify.
- ◆ There is a first time enrollment fee of \$25.
- ◆ One quarter of the tuition is due at time of enrollment to be officially enrolled in the class.
- ◆ *Online courses are also available.*

